



PRESS RELEASE

COMMUNITY DEVELOPMENT COMMISSION OF THE COUNTY OF LOS ANGELES
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FOR IMMEDIATE RELEASE

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BEAT THE BUG! GETTING YOUR VACCINE IS THE BEST WAY TO STAY HEALTHY THIS FLU SEASON

The Community Resource Center Offers Early Influenza Vaccine Clinic to Unincorporated Whittier Residents



PIH Health staff administers the flu vaccine. Seniors, children, and pregnant women are particularly at risk of contracting the flu virus.

South Whittier, October 8, 2013 –

The Community Resource Center (CRC) has begun its annual quest to help residents get vaccinated against the influenza virus. This illness is commonly known as the flu and can be very serious, even

for healthy people. Vaccinations are recommended for adults 18 and over and are the best way to protect you and your family from the flu and its associated complications.

Today, the CRC hosted its annual flu vaccination clinic in partnership with Presbyterian Intercommunity Hospital (PIH) Health for low-income residents in unincorporated Whittier and the surrounding communities. Outreach targeted residents who do not have health insurance and cannot afford the vaccinations,

as well as high risk individuals with chronic illnesses and pregnant woman. “Make sure you get your flu vaccine as early as possible to ensure you have the best protection before the highest peak of the flu season,” said Los Angeles County Supervisor Don Knabe.

The CRC is a project of the Community Development Commission of the County of Los Angeles (CDC). Funded by the Fourth Supervisorial District, it works in collaboration with onsite



Josefina Barajas and Guadalupe Michele attend the flu clinic to protect themselves from the flu virus.

service providers to offer health, wellness, and educational programs for families, seniors, and youth.

PIH Health is a nonprofit health care organization founded in 1959. Its mission is to provide high-quality health care and continue its vision of contributing to the well-being of the neighborhoods it serves.

The CRC is located at 10750 Laurel Avenue in South Whittier. For information on services provided by the CRC, please call (562) 946-2425, or visit the website at www.swcrc.org. All media may contact Elisa Vásquez, CDC Public Information Officer, at (626) 586-1762.

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