South Whittier, September 13, 2018 – South Whittier area residents are saying NO to the flu! Through the partnership and support of Walgreens Pharmacies, members of the South Whittier community were able to receive free flu shots at the Community Resource Center (CRC).

Influenza is a viral infection that attacks the respiratory system – your nose, throat, and lungs. Vaccination is especially important for those at high risk of serious complications from the flu, including children younger than 5, adults 65 and older, pregnant women, residents of nursing homes and other long-term care facilities, and people with chronic medical conditions. With Walgreens’ help, families are now better protected from this virus and can go about their daily activities.

“It’s important to practice good health habits to control the spread and severity of the flu. Getting vaccinated and taking everyday protective actions like covering your
cough and washing your hands often helps stop the spread of germs,” said Monique King-Viehland, Community Development Commission/Housing Authority of the County of Los Angeles (CDC/HACoLA) Executive Director.

The Centers for Disease Control and Prevention is predicting a potentially severe flu season. More than 700,000 people were hospitalized nationwide with the flu over the past season, which ended in early 2018. Fortunately, South Whittier area residents are protecting themselves, and their community, one vaccination at a time.

The CRC is a project of the CDC/HACoLA. Funded by the Fourth Supervisorial District, it works in collaboration with onsite service providers to offer health, wellness, and educational programs for families, seniors, and youth. Walgreens Pharmacies strives to be a trusted, convenient provider and advisor of innovative pharmacy, health and wellness solutions, and consumer goods and services in communities across America.

The CRC is located at 10750 Laurel Avenue in South Whittier. For information on services provided by the CRC, please call (562) 946-2425, or visit the website at www.swcrc.org. All media may contact Elisa Vásquez, CDC/HACoLA Public Information Officer, at (626) 586-1762.

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